The Final Secrets to ZERO LIMITS

THE QUEST FOR MIRACLES THROUGH HO'OPONOPONO

JOE VITALE Bestselling Author of The Attractor Factor



Praise for At Zero

"Joe's new book was just as I knew it would be—FABULOUS! The riveting stories and enlightening insights lifted my spirits and filled my soul with love. This is indeed a path to miracles!"

-Janet Bray Attwood

Coauthor of the New York Times best seller The Passion Test

"This book ought to be a movie. A masterpiece of story telling and a revelation on how the Hawaiian healing system of Ho'oponopono really works."

-Barnet Bain

Movie producer, What Dreams May Come and The Celestine Prophecy

"In *At Zero*, Dr. Joe Vitale shares the catalyst of his own awakening. He is vulnerable, insightful, and shares authentic Ho'oponopono secrets that are empowering and inspiring. If you want to get to the state of zero, where there are no limiting beliefs, I highly suggest you read this book."

—Dr. Steve G. Jones Clinical hypnotherapist

"With Zero Limits, Joe Vitale introduced the world to the incredible healing system of Ho'oponopono. Now he's taking it all to the next level, going deeper and revealing the real essence and magic behind these ancient secrets. A must-read!"

-Nick Ortner

New York Times best-selling author of The Tapping Solution

At Zero

The Final Secrets to ZERO LIMITS

ero

THE QUEST FOR MIRACLES THROUGH HO'OPONOPONO

Joe Vitale

WILEY

Cover image: © iStockPhoto.com/MGDMORRIS Cover design: Paul McCarthy

Copyright © 2014 by Joe Vitale. All rights reserved.

Published by John Wiley & Sons, Inc., Hoboken, New Jersey. Published simultaneously in Canada.

No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, scanning, or otherwise, except as permitted under Section 107 or 108 of the 1976 United States Copyright Act, without either the prior written permission of the Publisher, or authorization through payment of the appropriate per-copy fee to the Copyright Clearance Center, 222 Rosewood Drive, Danvers, MA 01923, (978) 750-8400, fax (978) 646-8600, or on the web at www.copyright.com. Requests to the Publisher for permission should be addressed to the Permissions Department, John Wiley & Sons, Inc., 111 River Street, Hoboken, NJ 07030, (201) 748-6011, fax (201) 748-6008, or online at www.wiley.com/go/permissions.

Limit of Liability/Disclaimer of Warranty: While the publisher and author have used their best efforts in preparing this book, they make no representations or warranties with the respect to the accuracy or completeness of the contents of this book and specifically disclaim any implied warranties of merchantability or fitness for a particular purpose. No warranty may be created or extended by sales representatives or written sales materials. The advice and strategies contained herein may not be suitable for your situation. You should consult with a professional where appropriate. Neither the publisher nor the author shall be liable for damages arising herefrom.

For general information about our other products and services, please contact our Customer Care Department within the United States at (800) 762-2974, outside the United States at (317) 572-3993 or fax (317) 572-4002.

Wiley publishes in a variety of print and electronic formats and by print-on-demand. Some material included with standard print versions of this book may not be included in e-books or in print-on-demand. If this book refers to media such as a CD or DVD that is not included in the version you purchased, you may download this material at http://booksupport.wiley.com. For more information about Wiley products, visit www.wiley.com.

ISBN: 978-1-118-81002-6 (cloth) ISBN: 978-1-118-81003-3 (ebk) ISBN: 978-1-118-83747-4 (ebk)

Printed in the United States of America

10 9 8 7 6 5 4 3 2 1

To Morrnah Simeona,

who lovingly gave us modern Ho'oponopono



The information in this book is not intended to diagnose, treat, cure, or prevent disease. If you have any concerns about your own health, you should always consult with a physician or other health care professional. The author and publisher offer this material for your education, entertainment, and inspiration.



AUTHOR'S INVOCATION

Oh, Infinite Divine Mind, Through my beloved High Self, Cleanse this unit of all negativity, Both within and without, That it may be a perfect vessel for Your Presence.



Foreword Dame	D.C. Cordova	xiii
Acknowledgments		xix
Introduction	In the Beginning	1
Chapter 1	The Shit Hits	7
Chapter 2	You Will Never Be the Same	14
Chapter 3	Is Mormah Crazy?	22
Chapter 4	Will the Real Ho'oponopono Please Stand Up?	30
Chapter 5	Whose Fault Is It, Anyway?	35
Chapter 6	Where Are These Programs Coming From?	39
Chapter 7	Control Switch: The Placebo Effect	42
Chapter 8	The Secret Mirror	49
Chapter 9	The Law of Attraction versus Ho'oponopono	54
Chapter 10	Even So Intentions Are for Wimps!	62
Chapter 11	Wish Box or Gift Box?	66
Chapter 12	The Art of Un-Attracting	70
Chapter 13	New Clearing Methods	73
Chapter 14	Got a Problem?	80
Chapter 15	The Fifth Miracle	85

	Contents	
Chapter 16	More Zero Limits Event Secrets	89
Chapter 17	Did It Really Happen? The Big Fat Lie	93
Chapter 18	How to Start Your Own Religion	99
Chapter 19	The Miracle of Ho'oponopono	103
Afterword	Getting the "Hang" of It	107
Appendix A	Ho'oponopono Questions and Answers	110
Appendix B	The Whiteboard Meditation	113
Appendix C	An Interview with Dr. Joe Vitale By Kory Basaraba	118
Appendix D	Zero Limits Questions and Answers	143
Appendix E	Dr. Hew Len Visits Your Inner Child	147
Appendix F	Ho'oponopono Detail Release List <i>By Saul Maraney</i>	156
Appendix G	Success Stories	174
Resources		200
Bibliography		202
About the Author		208
Index		209
Miracles Coaching [®] Offer		215



My Experience of Morrnah Simeona

When Joe Vitale asked me to share my experience of Morrnah Simeona—the magnificent *Kanuha Lapa'au* ("Priest who heals with words" and "Keeper of the secrets" in Hawaiian folklore), I immediately began to feel the deep peace and sense of lightness that I always felt around her. She was a magnificent human being who reminded me of my maternal grandmother, Amelia, who raised me in Chile and had unconditional love for me.

Of course, it wouldn't take long to be around Morrnah to know that she was special—very special! She flowed—nature changed around her. She was always offering assistance with anything that someone needed. She would look at you as though she saw much more than your physical body. She was a true healer.

In 1984, she came to live in our sprawling estate in La Jolla Farms Road—a very exclusive area of La Jolla (San Diego County), California. There were four separate homes on the property, including the cutest little cottage that she stayed in for three months.

After she lived there for a few weeks, everyone who came to the property asked if we had a new gardener or if we had done something different with the landscaping—everything was so alive, vibrant, and beautiful. Nature itself changed around her—it was an uncanny experience for me in my early thirties, when I was just learning about generalized spiritual principles that have reigned Earth since eternity.